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## Patient Instructions-

# Final Crowns

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Now that we have placed your final crown it is important to follow these recommendations to ensure its success.

Congratulations on your investment in a permanent crown. You should have many years of use to come. We take great pride in using the highest quality dental materials that exist today. The fit and feel of your crown should be great.

### **Chewing and eating**

- If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.
- Avoid eating anything sticky, chewy, or crunchy for 24 hours.
- To protect your crown always avoid chewing ice or other hard objects.

### **Brushing and flossing**

- Please wait 24 hours before flossing around your new crown.
- Brush and floss normally
- If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity persists beyond a few days, call us.

### **When to call us**

- Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond three or four days, or if you have questions or concerns. It is very important to return right away if your new crown feels too high and your teeth are not meeting correctly.
- If there is an emergency after hours please contact Dr. Ruegsegger at 985.807.4575.