



Patient Instructions-

Temporary Crowns

Now that we've placed a temporary crown, it's important to follow these recommendations to ensure the success of your final restoration.

Congratulations on getting your work begun, we pride ourselves using the highest quality dental materials that exist in our profession. Your temporary is only meant to last until your final crown is cemented in a few short weeks. Your temporary crown only slightly matches in color to your other teeth. It is very different in feel and shape to how your final crown will be.

Chewing and eating

- If we used an anesthetic during the procedure, avoid chewing until the numbness has worn off completely.
- Avoid chewing for at least on half-hour to allow the temporary cement to set.
- To keep your temporary crown in place, avoid eating hard or sticky foods, especially chewing gum. If possible, chew only on the opposite side of your mouth.

Brushing and flossing

- Brush normally, but do not floss around your temporary crown.
- If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. If sensitivity increases or persists, especially when chewing, beyond a few days, call us.

Medication and discomfort

- Take antibiotics or other medications only as directed.
- To reduce any discomfort or swelling, rinse your mouth three times a day with warm salt water. Use about on teaspoon of salt per glass of warm water. It's normal for your gums to be sore for several days.

When to call us

- Call us if your temporary crown comes off. Save the temporary, so it can be re-cemented. It's very important for the proper fit of your final crown that your temporary crown stay in place.
- Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond three or four days, or if you have any questions or concerns.
- If there is an emergency after hours please contact Dr. Ruegsegger at 985.807.4575.